

Abseiling and Top Rope Climbing Instructors Course

Pre-Requisites Skills And/Or Qualifications

The course is targeted at experienced participants who aim to learn the necessary skills to become an abseiling and top rope climbing instructor.

It is desirable that course applicants have a roping background in abseiling, canyoning and/or top roped rock climbing.

Students are enrolled into a TAFE NSW Statement of Attainment in Outdoor Recreation.

All training and assessment will be undertaken in the upper Blue Mountains.

Units

The national units of competence from the Outdoor Recreation Training package covered in this course are:

Abseiling Single Pitch Natural Surfaces

SROABN001A - demonstrate simple abseiling skills on natural surfaces

SROABN003A - apply single pitch abseiling skills on natural surfaces

SROABN004A - establish ropes for single pitch abseiling on natural surfaces

SROABN008A - instruct abseiling activities on natural surfaces (single pitch)

Climbing Single Pitch (Restricted)

Note: restricted to single pitch and top roped climbing

SROCLN001A - demonstrate simple climbing skills on natural surfaces

SROCLN002A - apply climbing skills on natural surfaces

SROCLN003A - establish belays for climbing on natural surfaces

SROCLN009A - instruct climbing on natural surfaces (restricted). Note: restricted to single pitch and top roped climbing

Vertical Rescue

SROVTR001A - perform vertical rescues



Dates*

September 5 & 6

September 26 & 27

October 17 & 18

November 7 & 8

November 21 & 22 – Assessment weekend

*Based on previous training and experience participants may not be required to undertake all training components

Group Size

There are 7 positions available for this course and positions are secured via enrolment and payment

Student Cost

The course cost per student is the TAFE NSW fee of \$214.00. Concessions apply for eligible students.

Contact Details

Charlie Cross - Head Teacher Sport and Recreation
Lithgow TAFE College
PO Box 297 - Lithgow NSW 2790
Phone: 02 63 520472

Email: Charlie.cross@tafensw.edu.au