

TVET - Certificate II in Outdoor Recreation

What is this course about?

TAFE NSW Western Institute, Lithgow College provides Certificate II in Outdoor Recreation, based on a first-year and a second-year 10-day residential/field Block Delivered Program. That is, a total of 2 x 10-day programs.

Each program is TAFE Delivered HSC VET (TVET) delivered from the National Outdoor Recreation Training Package (SRO03).

Students can choose one of 2 Outdoor Recreation study options:

1. First-year 10-day program (TVET) = partial completion of Certificate II.
2. First-year 10-day program + Second-year 10-day program (TVET) = partial completion of Certificate II.

Students enrolled in NSW Schools attending 11 and 12 may be eligible to undertake the program. Each student needs to submit an 'Expression of Interest to Undertake a TVET Course' (application form 10 pages) with their school's acknowledgment. Upon successful completion of a 10-day program, students are awarded an academic transcript from TAFE and gain two NSW Board of Studies endorsed units towards either the preliminary HSC or HSC.

Depending on the program option students gain an appreciation of a variety of Australian natural landscapes and environments from: sandstone cliffs in the Blue Mountains for climbing, abseiling and canyoning to the local water ways for canoeing. It should be noted that if adverse weather prevents students from doing any of the activities, wet weather options may include sight seeing or indoor activities such as indoor rock-climbing at Lithgow College. Our programs operate in semi remote areas occasionally without vehicle access.

The program has a maximum group size of 19 students and is staffed according to the Department of Education and Training guidelines. There are 2–3 qualified and experienced TAFE teachers at all times. Weather can be unpredictable at times and the outdoors has inherent risks; teachers will endeavour to provide a positive learning environment and teach skills in progression in order to minimise risks.

First Year Program - Canyon/Canoe/Climb

Program Overview:

This first-year TVET Outdoor Recreation program focuses on the 3 activity specialisations of canyoning, climbing and canoeing and is tied together with 3 core/stream units (see table below). Students are trained and assessed in all 6 units together with skills that include teamwork, communication, leadership and risk management. Each day, 2 students are nominated as leaders to lead and facilitate the group (under TAFE teacher guidance and supervision) through its various activities. In this manner, a small team is created that lives and works together on the program.

The program starts and finished from Lithgow TAFE. The Greater Blue Mountains area, listed as World Heritage by UNESCO in 2000 is the primary venue used for this program, with visits to fragile, beautiful canyons and spectacular rock climbing cliffs.

Kangaroo Valley's tranquil waters near Mittagong provide an excellent overnight canoe journey for students. On a selection of these programs, a revegetation project is undertaken at Pillans, an old mining site in Lithgow to complement the environmental studies undertaken.

Second Year Program - Indoor Climbing/Abseil/Cross Country Skiing

Program Overview:

This second-year (return) 10-day TVET Outdoor Recreation program focuses on the 3 activity specialisations of Abseiling, Indoor Climbing and Cross Country Skiing and is tied together with 1 core units (see table below). Returning students are trained and assessed in all 4 units together with skills that include teamwork, time management, organisation, communication, leadership and risk management. Each day, 2 students are nominated as leaders to lead and facilitate the group (under TAFE teacher guidance and supervision) through its various activities. In this manner, the group of returning students further develops teamwork and initiative. The spectacular cliffs in the Blue Mountains region provides the venue for abseiling. Kosciuszko National Park in the Snowy Mountains, near Jindabyne is the remaining venue for the second half of the program where students undertake day trips on cross-country skis and also have the opportunity to have a combined overnight snow camping and cross-country skiing expedition. For indoor climbing we use the Gym at Lithgow TAFE or a venue on route to the snow.

Contact Details:

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